About SOJOURN
Advancing LGBTQ empowerment and affirmation across the South.

Today's Agenda:

• Introductions
• Why Trans Health?
• Suicide in the Trans Community
• Substance Abuse
• Personal Narrative
• Homophobia and Transphobia
• #MyTransHealth
• Questions
Among transgender people:

- 46% feel uncomfortable seeking help from police
- 41% have attempted suicide
- 90% have experienced discrimination at work
NEW INFORMATION

JASON LAW: "WE LOVE OUR SON"

JASONLAW.WCPO.COM UPDATE ABOUT CHILD'S SUICIDE
Facts About Suicide

Rate of suicide attempts (%)

Trans or Gender Non-Conf...

Lesbian, Gay or Bisexual

Overall Population

Data: The Williams Institute
Facts About Suicide

Rate of transgender and gender non-confirming suicide attempts by age (%)

Data: The Williams Institute
Facts About Suicide

Rate of transgender and gender non-confirming suicide attempts by gender identity (%)

Data: The Williams Institute
Facts About Suicide

Rate of transgender and gender non-confirming suicide attempts by race/ethnicity (%)

- American Indian or Alaska ... 56
- Multiracial or Mixed Race/... 54
- Black or African American ... 45
- Hispanic or Latino Alone 44
- Asian or Pacific Islander A... 39
- White Alone 38

Data: The Williams Institute
Facts About Suicide

Table 17: Lifetime suicide attempts by experiences with family and friends

<table>
<thead>
<tr>
<th>Experience with family and friends</th>
<th>Frequency</th>
<th>Row %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family is as strong today as when I came out</td>
<td>747</td>
<td>33%</td>
</tr>
<tr>
<td>Family relationships are improving after coming out</td>
<td>1171</td>
<td>42%</td>
</tr>
<tr>
<td>Relationship with my spouse or partner ended</td>
<td>894</td>
<td>49%</td>
</tr>
<tr>
<td>Ex limited or stopped relationship with children</td>
<td>257</td>
<td>55%</td>
</tr>
<tr>
<td>Court/judge limited/stopped relationship with children</td>
<td>108</td>
<td>58%</td>
</tr>
<tr>
<td>Children chose not to speak/spend time with me</td>
<td>272</td>
<td>50%</td>
</tr>
<tr>
<td>Parents/family chose not to speak/spend time with me</td>
<td>994</td>
<td>57%</td>
</tr>
<tr>
<td>Victim of domestic violence by a family member</td>
<td>490</td>
<td>65%</td>
</tr>
<tr>
<td>Lost close friends</td>
<td>1552</td>
<td>52%</td>
</tr>
</tbody>
</table>

@sojourngsd #LGBTSouth
### Facts About Suicide

#### Table 11: Lifetime suicide attempts by type of disability

<table>
<thead>
<tr>
<th>Disability</th>
<th>Have Attempted Suicide</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Frequency</td>
</tr>
<tr>
<td>Physical condition</td>
<td>984</td>
</tr>
<tr>
<td>Learning disability</td>
<td>493</td>
</tr>
<tr>
<td>Mental health condition</td>
<td>1220</td>
</tr>
</tbody>
</table>
Substance Abuse

An estimated 30% of transgender people abuse substances, compared to just around 9% of the general population. (SAMHSA)

- **Transgender Population**: 30%
- **Cisgender Population**: 91%
Why Substance Abuse?

Being transgender is NOT a risk factor for substance abuse.

Stress Factors Include:

• Daily Discrimination
• Bullying
• Systematic Oppression
• Lack of Access to Appropriate Medical Care
• Lack of Legal Protections
Transphobia forces males to act “macho” and females to act “feminine,” which limits our individuality and expression.
Homophobia and Transphobia often strain family and community relationships.
How Homophobia and Transphobia Affect Straight People

Homophobia and Transphobia prevent vital information on sex and sexuality to be taught in schools. Without this information youth are putting themselves at greater risk for HIV, STIs, and unplanned pregnancy.
How Homophobia and Transphobia Affect Straight People

Transphobia can be used to hurt a cisgender person if they eschew traditional gender roles.
SOJOURN
Southern Jewish Resource Network for Gender and Sexual Diversity

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