

Hemera Foundation's

Contemplative Fellowships for Health Care Professionals

Deepen your caregiving practice

The Contemplative Fellowships for Health Care Professionals program provides financial support for health care professionals to cultivate mindfulness, compassion, and personal well-being in the immersive environment of a meditation retreat.

Fellowships are available for individuals currently employed in a health care field, working primarily with patients/clients or overseeing other health care professionals, and who have never attended a meditation retreat longer than a weekend. If you meet all of these criteria, you are eligible for a fully funded retreat at one of our many partner retreat centers.



The Hemera Foundation works in the fields of contemplative practice, early childhood development, and the arts.

TO LEARN MORE, PLEASE VISIT
www.hemera.org/cfhp

A photograph of a man with a beard and glasses, wearing a dark jacket, standing on a wooden balcony. He is playing a flute. The balcony has a dark wood railing. In the background, there is a vast valley with green trees and a sunset sky with orange and purple clouds. The overall scene is peaceful and contemplative.

www.hemera.org