INTENSIVE

BIOETHICS COURSE

Monday-Friday, April 11 - 15, 2016

Houston Methodist Research Institute
6670 Bertner Ave., Houston, TX 77030

Baylor College of Medicine
One Baylor Plaza, Houston, TX 77030

www.events.houstonmethodist.org/bioethics
www.bcm.edu/ethics
SPEAKERS AND FACULTY

All speakers are faculty of the Center for Medical Ethics and Health Policy at Baylor College of Medicine, unless otherwise noted.

Courtenay R. Bruce, JD, MA
Course Director
Assistant Professor

Charles R. Millikan, M. Th., D. Min
HMH Liaison
Vice President, Spiritual Care and Values Integration

Jennifer Blumenthal-Barby, PhD, MA
Associate Professor

J. Richard Cheney, JD
HMH Project Director, Biomedical Ethics

Andrew Childress, PhD
Assistant Professor

Savitri Fedson, MD
Associate Professor

Rev. Bettie J. Hightower, D. Min., BCC
HMH Senior Staff Chaplain

Mary Anderlik Majumder, JD, PhD
Associate Professor

Janet Malek, PhD
Associate Professor

Laurence B. McCullough, PhD
Dalton Tomlin Chair in Medical Ethics and Health Policy

Amy L. McGuire, JD, PhD
Leon Jaworski Professor of Biomedical Ethics and Center Director

Adam Pena, MA
Instructor

AGENDA

MONDAY, APRIL 11

4:00 p.m. Registration and Welcome Reception

5:00 Welcoming Remarks
Charles R. Millikan, M. Th., D. Min

Introduction of Keynote Speaker
Amy L. McGuire, JD, PhD

Keynote Address
Laurence B. McCullough, PhD

6:30 Dinner

TUESDAY, APRIL 12

8:00 a.m. Breakfast

8:30 Course Introduction
Courtenay R. Bruce, JD, MA

8:50 The Ethics Work-Up
Janet Malek, PhD

9:30 Small Groups

10:30 Break

10:45 Informed Consent and Capacity
Jennifer Blumenthal-Barby, PhD, MA

Noon Lunch

1:00 Pediatrics
Amy L. McGuire, JD, PhD

2:15 Break

2:30 Small Groups

3:45 Break

4:00 Attestation Portfolio
Courtenay Bruce, JD, MA

4:30 Conclusion of day

WEDNESDAY, APRIL 13

8:00 a.m. Breakfast

8:30 End-of-Life Decision-Making and Advance Care Planning
Savitri Fedson, MD

Ethical issues that arise at the end-of-life can create emotionally intense consultations. The session will cover several critical aspects of end-of-life decision-making including withholding and withdrawing treatment, the
use of surrogate decision makers, medically inappropriate treatment (futility), and advance directives (legal documentation of end-of-life care decisions).

9:45  Small Groups
10:45 Break
11:00 Organizational Ethics
Charles R. Millikan, M.Th., D. Min.
Hospital administrators are tasked with ensuring safe and high-quality clinical services, improving patient care and satisfaction, retaining valuable employees, strengthening ties with the medical staff, all while maximizing efficiency and finding ways to cut costs. Ethics consultation services (ECS) directors or chairs must provide well-founded reasons for launching, expanding, or strengthening an ECS in a way that aligns with administrators’ goals. During this session, a hospital executive will discuss ways and identify resources to make a compelling argument as to why an ECS is mission-critical or adds value.

Noon  Lunch
1:00 How to Conduct a Clinical Ethics Consult and Write Recommendations
WORKSHOP & ROUNDTABLES
Courtenay R. Bruce, JD, MA
Andrew Childress, PhD
Adam Pena, MA
In this workshop participants will learn the practical steps involved in conducting a clinical ethics consultation with a focus on processes including information gathering, issue spotting, and how to relay recommendations including how to write a high quality chart note. Using collaborative case-based learning and a written exercise with direct faculty feedback participants will build skills in the “nuts and bolts” of conducting a clinical ethics consult.

2:15 Break
2:30 Consultation and Documentation Workshop
Courtenay R. Bruce, JD, MA
Andrew Childress, PhD
Adam Pena, MA
4:30 Conclusion of Day

THURSDAY, APRIL 14
8:00 a.m. Breakfast
8:30 Spiritual Care and Moral Distress
WORKSHOP & ROUNDTABLES
Courtenay R. Bruce, JD, MA
Rev. Bettie Hightower, D. Min., BCC
Moral distress occurs when health care professionals identify the ethically preferable action to take in a case but cannot take it because of an internal or external constraint. Using cases, conference attendees will identify sources of moral distress and real-time ways to mitigate distress to help themselves and other health care professionals.

10:00  Break
10:15 How to Create an Ethics Committee and Conduct its Meetings
WORKSHOP & ROUNDTABLES
J. Richard Cheney, JD
Janet Malek, PhD
This session will consider how an ethics committee charter should address composition, alignment with institutional values, meeting frequency, and agenda.

Noon  Lunch
1:00 Policy Development
WORKSHOP & ROUNDTABLES
Mary Anderlik Majumder, JD, PhD
J. Richard Cheney, JD
This session will provide general guidance on drafting and implementing ethics policies, plus an opportunity to solicit specific feedback on your own policy challenges.

2:30 Break
2:45 Case Presentation/Resolution
Adam Pena, MA
4:00 Conclusion of Day

FRIDAY, APRIL 15
8:00 a.m. Breakfast
8:30 Facilitating or Leading Family Meetings: Communicating Well and Not So Well
Courtenay R. Bruce, JD, MA
Trevor Bibler, PhD
Ashley Stephens, MA
This lecture and workshop will synthesize existing empirical evidence on facilitating or leading family meetings to accomplish three goals: (1) describe when and why to conduct family meetings and outline a communication framework to use; (2) describe five different communication strategies to use in family meetings, including when it is ethically permissible and impermissible to use a particular strategy; and (3) use case vignettes and transcripts from actual family meetings to show how to have effective family meetings.

10:00 Break
10:15 Facilitating or Leading Family Meetings: Communicating Well and Not So Well (continued)
Noon Certificate Presentation
12:30 Adjourn
How is this Program Unique?
• This unique course emphasizes learning-by-doing with a practical and clinically based focus.
• Its learner-centered model promotes sessions to be customized to individual needs for people who want more background and skills in clinical ethics consultation.
• Participants are encouraged to submit clinical ethics cases they have previously encountered to receive direct feedback through the course.

Who Should Attend this Course?
• Anyone involved with or interested in the resolution of potentially complex ethical challenges, including ethics committee chairs and members, as well as active ethics consultants should attend.
• This course is practical, with a focus on issues that are applicable to all types of health care professions, including physicians, nurses, social workers, chaplains, patient advocates and patient representatives, risk managers, hospital administrators, and health care attorneys.

What Will I Learn?
• Core content related to a variety of topics in clinical ethics consultation, including informed consent, capacity, end-of-life decision-making, advance care planning, and pediatric ethics
• Mediation skills
• How to conduct and appropriately document a clinical ethics consultation
• How to institute a bioethics committee, run an effective committee, and maintain its vibrancy
• How to effectively develop and revise institutional policies on issues related to clinical ethics
• How to conduct effective advance care planning conversations, including the elements of advance directives (Medicare reimbursement may be in the offing for such conversations)

Who Will I Learn From?
Course participants will receive diverse and well-rounded training from nationally recognized experts in bioethics, who are heavily involved with national clinical ethics initiatives and training.

The course will be taught by faculty in the Center for Medical Ethics and Health Policy at Baylor College of Medicine and leadership of the biomedical ethics program at Houston Methodist.

The Center for Medical Ethics and Health Policy is one of the oldest bioethics programs in the country and has one of the largest clinical ethics programs that services adult, pediatric, private and public hospital systems including:
• Houston Methodist
• Baylor St. Luke’s Medical Center
• Texas Children’s Hospital
• Ben Taub General Hospital
• Michael E. DeBakey VA Medical Center

The biomedical ethics program at Houston Methodist Hospital conducts over 400 ethics consultations per year, provides ethics education to medical staff at six community hospitals, and is actively involved in hospital policy development and revision.

The Center for Medical Ethics and Health Policy and Houston Methodist Hospital jointly train post-doctoral fellows in clinical ethics consultation and engage in high impact and collaborative bioethics research and scholarship.

How will this Course be Interactive and Tailored to Me?
In order to ensure this course is as interactive, clinically-based, and practical as possible, we ask that attendees submit clinical cases to utilize in our training. Further instructions on submitting clinical case will be sent to registered course participants.

Clinical Cases — Ethical dilemmas you have encountered relevant to our course topics: informed consent, capacity, end-of-life decision-making, advance care planning, and pediatrics. These cases will be used to inform our small group discussions.

What are the Course Outcomes?
This intensive course will provide a take home skill-set and the strategies to address common ethical problems and dilemmas in medicine.

Upon completion of this course, the participant should be able to:
• Identify ethical challenges arising in patient care.
• Develop ethically reasoned and practical strategies for addressing these ethical challenges.
• Evaluate the strengths and weaknesses of these strategies in particular cases.
• Formulate interdisciplinary plans for appropriately managing these ethical challenges.

This program ultimately seeks to best position health professionals and clinical ethicists to respond effectively to difficult ethical challenges in today’s complex health care system.

Will I Get CME or CNE?
Physicians
Houston Methodist is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Houston Methodist designates this live activity for a maximum of 23.0 AMA PRA Category 1 Credits”. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses
Houston Methodist is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Houston Methodist provides up to 23.25 contact hours for this activity. Participants must attend selected sessions in their entirety and complete the corresponding items on the evaluation tool.

Ethics
Houston Methodist designates this activity for 23.0 hours of education in medical ethics and/or professional responsibility.

Disclosure
This CME activity is designed for use by health care professionals for educational purposes only. Information and opinions offered by the contributors represent their viewpoints. Conclusions drawn by the participant should be derived from careful consideration of all available scientific information. Prescription information and use of medical devices should be undertaken only after confirmation of information by consulting the FDA-approved uses and information.

Houston Methodist and the Center for Medical Ethics and Health Policy make every effort to have accurate information presented; no warranty, expressed or implied, is offered. The participant should use his/her clinical judgment, knowledge, experience and diagnostic decision-making before applying any information, whether provided here or by others, for any professional use.

ADA Statement
In compliance with the Americans with Disabilities Act, Houston Methodist will make reasonable efforts to accommodate persons with disabilities at this symposium. Please call 713.441.4971 for further information, or if you need special assistance.
WHILE IN HOUSTON...

Houston — the fourth most populous city in the United States — boasts modern industries, a thriving intellectual and cultural environment, the most park space among the nation’s 10 most populous cities, and much more. Houston is an international city that is a leader in the arts, education, and health care, and has a top-rated culinary scene that is continuing to gain national attention. Here are a few highlights while you are in town:

**Museums**
Houston’s Museum District is adjacent to the Texas Medical Center and offers 18 cultural institutions. Some highlights include:
- Asia Society Texas Center
- Children’s Museum of Houston
- Contemporary Arts Museum Houston
- The Health Museum
- Holocaust Museum Houston
- Houston Museum of Natural Science
- The Menil Collection
- The Museum of Fine Arts

**Neighborhoods**
Houston is defined by its neighborhoods that are filled with distinct character. Below are a few areas that are filled with great shopping, dining and exploring.

Galleria — This area is filled with Texas’ largest shopping mall, fine dining, and other national and local retailers.

Houston Heights — A historic neighborhood northeast of downtown that has quaint boutiques, antique stores, and funky restaurants.

Montrose — The four-square-mile area is a pocket of eccentricity and diversity in the heart of the city filled with art galleries, offbeat shops and great local cafes and restaurants.

Rice Village — Right next to Rice University and the Texas Medical Center, this pedestrian-friendly shopping center has local and national boutiques, restaurants and bars.

**Outdoors**
Hermann Park — A cultural and recreational hub surrounded by the Texas Medical Center, Rice University, the Museum District and various residential neighborhoods. While in Hermann Park, you can play at Hermann Park Golf Course, visit the Japanese Gardens, and much more.

Houston Zoo — The zoo is adjacent to Hermann Park and includes nearly 6,000 animals with more than 700 species.

Memorial Park — A favorite for joggers, the park also features tennis courts, playing fields, a fitness center, swimming pool, a golf course, and six miles of mountain and recreational bike trails along the bayous.

**Outside of Houston**
Galveston — Just 50 miles south of Houston, you can find Galveston Island on the Gulf of Mexico with miles of beach and fun attractions.

Space Center Houston — The official visitors’ center for NASA’s Johnson Space Center has many exhibits, attractions and theaters and is only 25 miles away.

There is so much more to do and see in Houston! For more information: visithoustontexas.com

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**Fees, Registration and Conference Information**

**Course Fees**
The course fee of $2,000 includes access to course handouts and a website of course resources, continental breakfasts, lunches, and a welcome dinner. A discounted rate of $1,600 is available to Houston Methodist personnel, Baylor College of Medicine personnel, and trainees.

**Registration**
Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received.

Your registration will be confirmed. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately. If you plan to register on-site, contact OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

**Conference Information**
Meals — Continental breakfasts, lunches and a welcome dinner will be provided during the intensive course.

Lodging and Transportation — A special group rate at the Houston Marriott at the Texas Medical Center has been negotiated for the conference. Please refer to Hotel Accommodations on the registration page for more information regarding reservations. Airfare will need to be reserved on your own.

**Cancellation/Refund Policy**
Requests for registration refunds must be in writing and received by the Office of Continuing Medical Education (OCME) at least 10 business days before the course begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a $50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.441.0589.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is cancelled, OCME’s liability is limited to the registration fee paid. Note: If payment is made by check, a social security number is required to process the refund.

**For Further Information Contact**
Houston Methodist Office of Continuing Medical Education
6670 Bertner Ave., R2-216
Houston, TX 77030
Phone: 713.441.4971 | Fax: 713.441.0589
E-mail: cme@houstonmethodist.org
For information about other Houston Methodist CME activities, visit houstonmethodist.org/cme.
The Center is renowned for its comprehensive and original bioethics research. Our Clinical Ethics Research examines ethical issues arising in the clinical setting, particularly in hospital intensive care units and with the advanced technologies of modern medicine. Our Ethical, Legal and Social Implications of Genomics Research investigates the ethical and responsible integration of advanced technologies, such as genomic sequencing, as well as the policy challenges that accompany these new genomic technologies. Our Medical Decision-Making and Ethics Research develops practical and moral guidelines for the use of principles of behavioral economics and decisonal psychology to shape people’s decisions and behaviors.

The Center is a recognized leader in developing and providing top-rated medical ethics education for undergraduate students, medical students, and residents, as well as continuing medical education. Notable educational programs include the Ethics Track, the Ethics, Professionalism, and Policy Program (EP3), and the Intensive Bioethics Course. The Ethics Track is for medical students seeking to develop greater knowledge and expertise in medical ethics. EP3 is an integrated longitudinal educational program for BCM’s Graduate Medical Education residencies to improve competency in ethics, professionalism, and health policy under the new ACGME milestones. The Intensive Bioethics Course is a 5-day advanced bioethics course designed for people charged with resolving potentially complex ethical challenges with little ethics training.

Clinical Ethics Consultation
The Center has one of the largest clinical ethics programs in the country and serves various adult, pediatric, private, and public hospital systems through its core faculty, two fellows, staff and secondary faculty. We conduct over 500 ethics consults per year and our services continue to grow. Faculty are involved in national clinical ethics initiatives, scholarship, research on clinical ethics consultation and “best practices”, and training for the next generation of clinical ethicists.

Health Policy
The Center’s Health Policy Program fosters collaboration and engagement among BCM faculty and students interested in health policy, provides health policy education to medical students and residents, and creates a national spotlight for health policy events and research. This program aims to develop evidence-based health policy propositions based on research conducted by Center faculty and convert complex policy-relevant research findings into straightforward communication that will be disseminated to inform stakeholders and the public.
In order to ensure this interactive course is as clinically-based and practical as possible, we ask that attendees submit clinical cases and hospital policies to utilize in our training. Please include a brief description of the cases with PHI and institutional identifiers removed.

**Clinical Cases:** Ethical dilemmas you have encountered relevant to our course topics: informed consent, capacity, end-of-life decision-making, advance care planning, and pediatrics. These cases will be used to inform our small group discussions.

Further instructions on how to submit cases will be sent to participants once they have registered for the course.
2015 Intensive Course At-A-Glance

Check out what previous students are saying:

- The course delivered everything we expected and more
- Impressive credentials of faculty and speakers
- Information was comprehensive and exactly what I needed
- The breadth, expertise of speakers, energy of delivery, and attention to the needs and hopes of participants resulted in an outstanding conference

See the direct impact and successful outcomes:

- 100% of surveyed participants said they will change their practice as a direct result of the course
- On a scale of 1 to 5, scored 4.8 on overall course quality from participants surveyed
- On a scale of 1 to 5, scored 4.7 on fulfillment of the stated learning objectives

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