

Asian Concept of Self and CPE supervision

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Discloser

- 1st generation Korean immigrant
- PCUSA ordained and endorsed
- Attends Korean-American church (Korean speaking worship service)
- Married with a 1st generation Korean immigrant woman
- Have a daughter and using Korean in conversation with her

CASE 1

- How can you ask me “Do you trust the group?”

Self (Kitayama, Shinobu, Sean Duffy, and Yukiko Uchida, 2010)

- The self as a social product (Cooley 1902/1922, Mead, 1934)
- The self is made possible through symbolically mediated, collaborative social interaction among many individuals in given cultural community. (Baumeister, 2005)
- The self is best conceptualized as a psychological system for behavioral regulation (Kitayama & Duffy, 2004)

Pattern of Social Relations (Kitayama, Duffy, & Uchida 2007)

Cultural Patterns
of social relations

The central principle of
action regulation

Three features of the
mode of being

Social relations
governed by
instrumental goals
of separated
selves



Goal-directedness



Independent mode
-action as influence
-analytic cognition
-self-centricity

Social relations
providing the
context for the
definitions of
connected selves



Responsiveness to social
contingencies

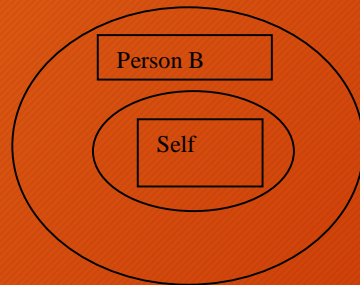
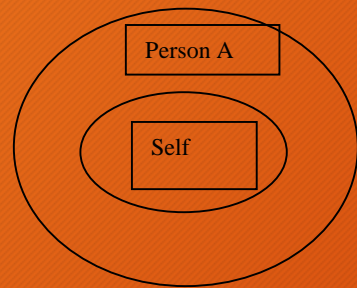


interdependent mode
-action as adjustment
-holistic cognition
-other-centricity

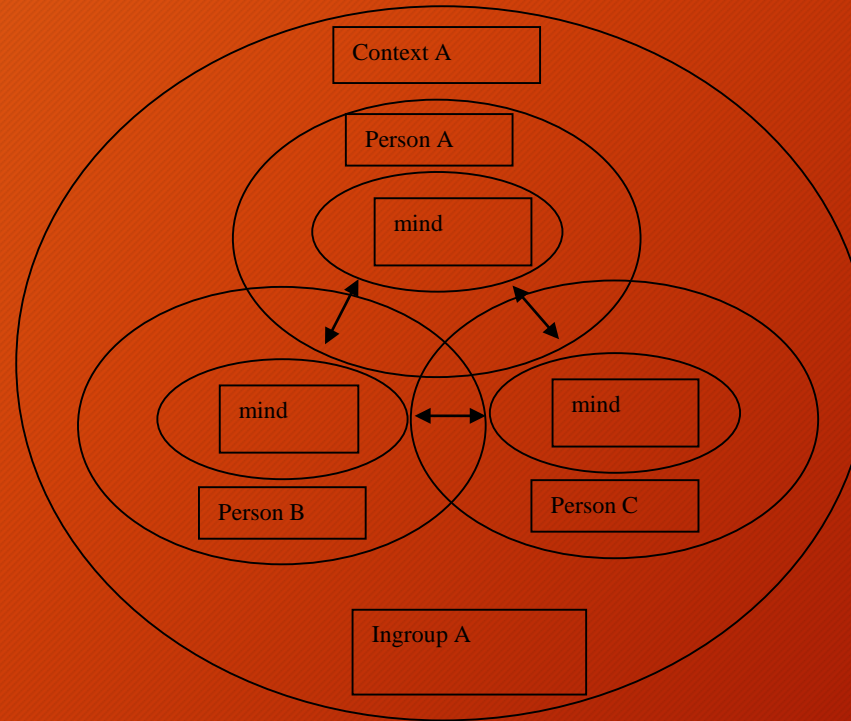
CASE 2

- I am frustrated that a patient is answering with "We" even though I ask him "you(I)"

Korean cultural psychology (Choi, 1999)

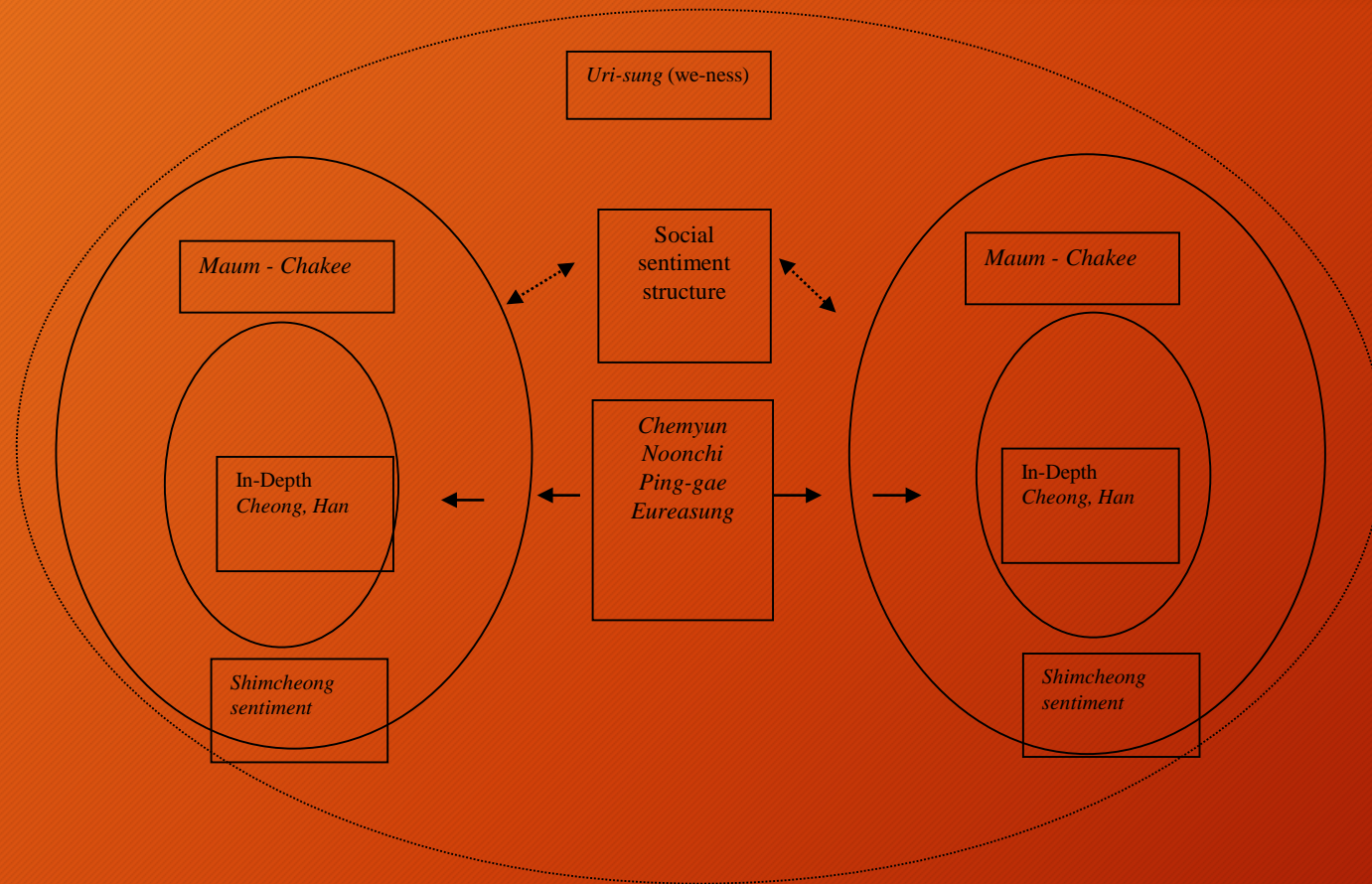


Western self

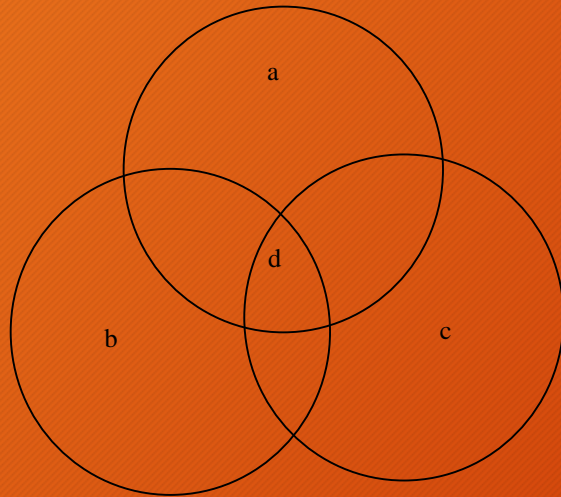


Korean self

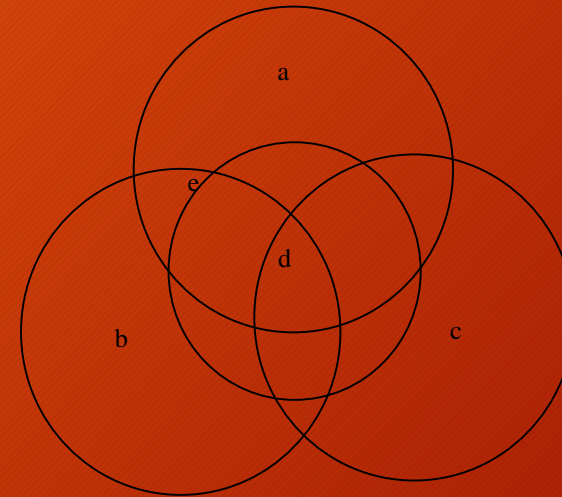
Korean concept of self



Development of Uri-sung (We-ness) 1

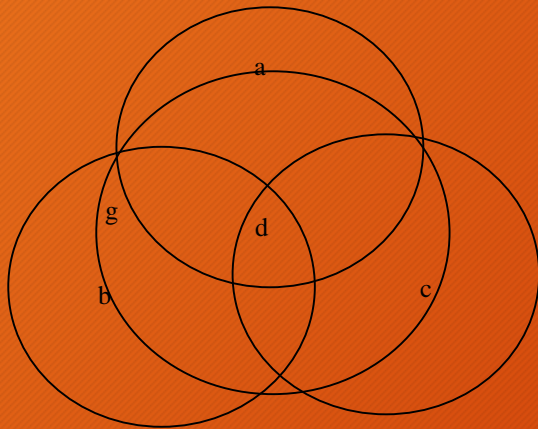


a, b, c: n = personal area, d: commonness

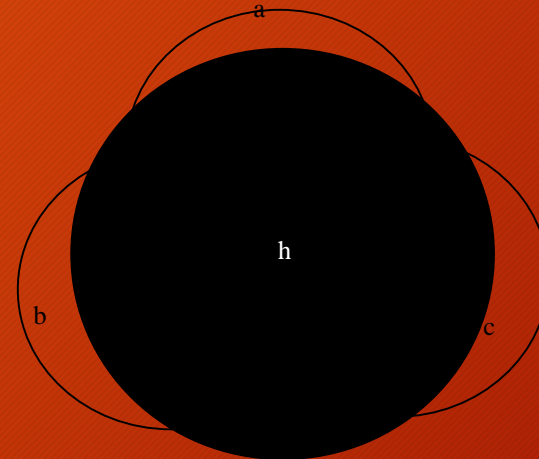


a, b, c: n = personal area, d: commonness
e: assumed commonness

Development of Uri-sung (We-ness) 2



a, b, c: n = personal area, d: commonness
g: assumed commonness (expanding)

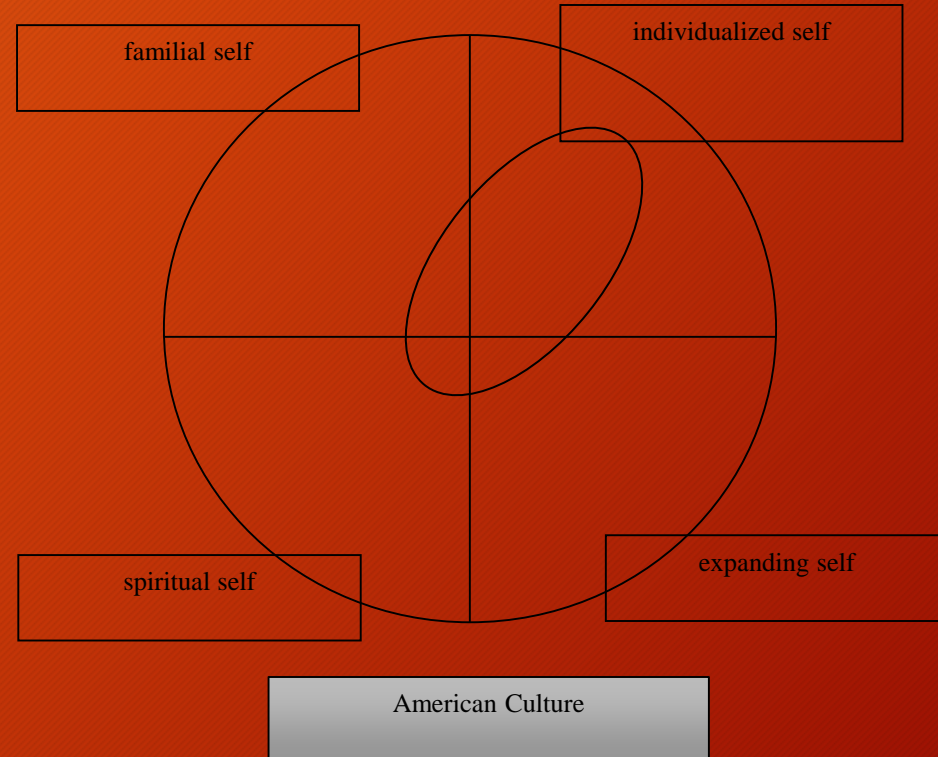
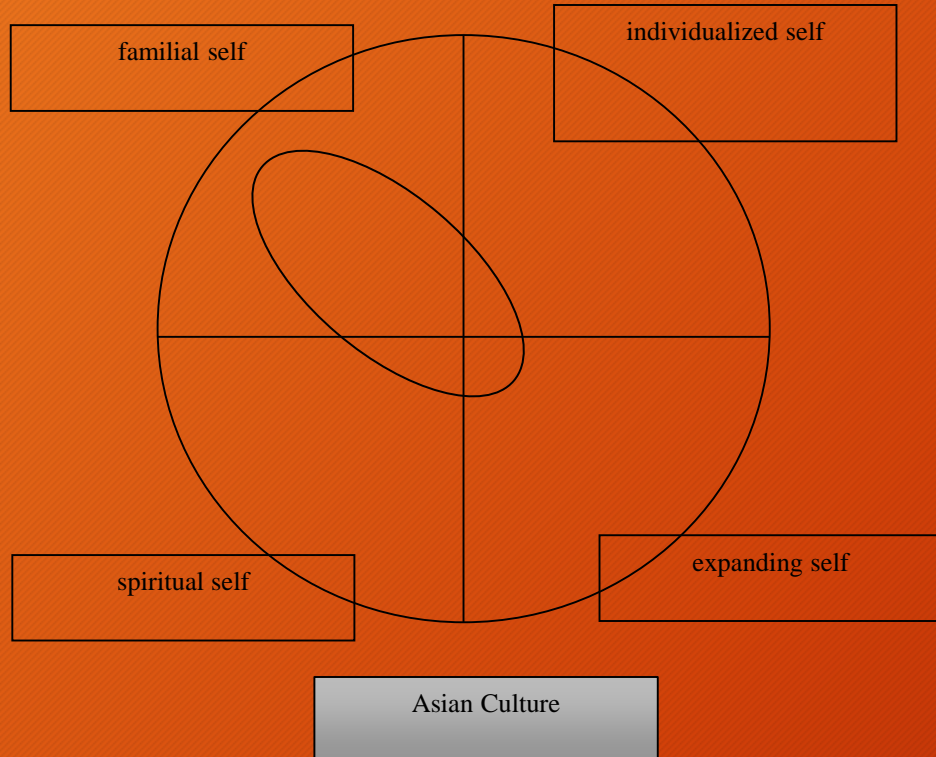


a, b, c: n = personal area,
h: Uri-sung (deindividuation or depersonalization)

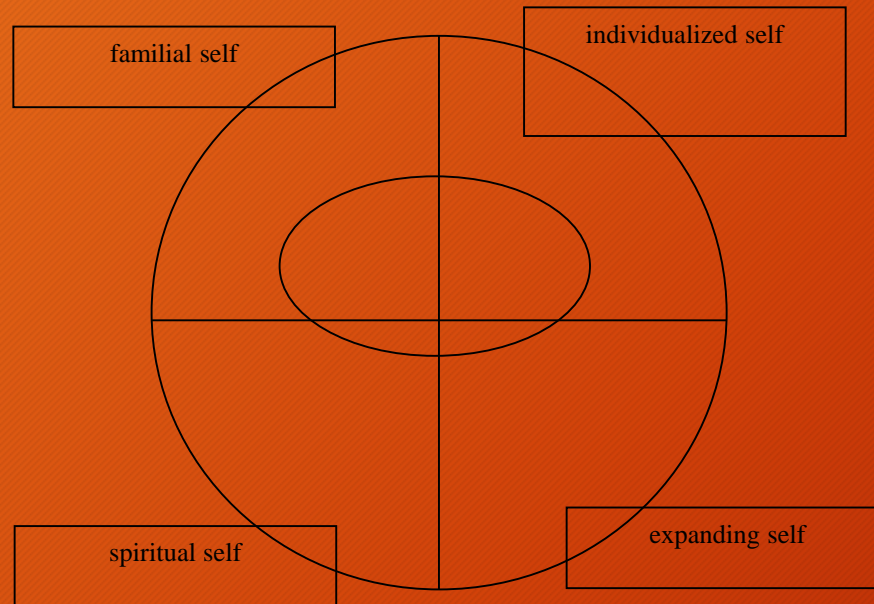
CASE 3

- How is your family?

Cross-cultural psychology (Roland, 1988)



Bicultural self (Roland 2011)



Three dimensions of hierarchy

1. Structural hierarchy
2. The qualitative mode of hierarchical relationships,
3. Hierarchy by quality

CASE 4

- “I am available whenever you want me to”

Case 5

- Supervising Twins

Pastoral Ministry and CPE supervision

- Respecting different culture
- Respecting different concept of self
- Using I or We
- Chaplain as an authority
- Family conference

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